



## In a Company of Players

Lessons that blend modern coaching with swing technique -

Because traditional one-hour lessons can feel long and overwhelming, or too short to really accomplish your goals, we believe in a modern coaching solution. We offer lessons that include both how to swing, as well as how to play, and players accustomed to traditional one-hour private swing lessons will be amazed at how much more they will learn in this format, and how much easier it is to see progress on the course.

### On-Course “Gold” Program For Men and Women:

If you’ve always wanted to reach your potential, this is the “gold” standard. This program helps us understand you, your game and your goals so we can best identify the right path to continual improvement. Perfect for novice and intermediate players. Included are 10 sessions (five on course and five supervised practice sessions). Groups meet at the same time either weekly or bi-weekly. We assume everyone may miss a session or two so make-up sessions are provided. Twenty one (21) hours of coaching: five 2 ½ hour on course (12.5 hours), five 1 ½ hour supervised purposeful practice sessions (7.5 hours) and two half-hour solos (1 hour). Build your own group of four or we will help.

\$788.00 per player. Includes assessment, all sessions, use of The Scoring Method materials, free membership in our CoachNow online platform and video reviews. Financially the best value anywhere--\$ 38/hour or ½ the cost of hourly private sessions.

### On-Course “Silver” for Men and Women

For members who appreciate consistent coaching but can’t commit to a full ten week program, this is a great alternative. Perfect for novice to intermediate players. Six (6) sessions (three on course and three supervised practice sessions) . Groups meet at the same time each week or bi-weekly and alternate between on-course and supervised practice sessions. Because we assume everyone will have to miss a session or two, make-up sessions are provided. Thirteen (13) hours of coaching: three 2 ½ hours on course (7.50 hours), three 1 ½ hour supervised purposeful practice sessions (4.5 hours), and two half-hour solos (1.0 hour). Build your own group of four or we will help.

\$ 559 per player. Includes assessment, all sessions, use of The Scoring Method materials, free membership in our CoachNow online platform and video reviews.



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Financially the best value anywhere--\$ 43/hour, or over \$400 less than the cost of hourly private sessions.

### On Course For Beginners and novices

This is the most stress-free learning environment you've ever experienced and a unique way to coach beginners or those who have been out of the game for a while and need a relaxing and comprehensive "reset". This is the most entertaining mix of golf and learning ever!

The six week program begins with the basics of chipping, pitching and putting, followed by mini games on the course within 25 yards of the greens. With some mastery at that distance, players then gradually work backwards towards the tees, all the while developing full swing skills through exciting games and challenges. At the end of six weeks, players will have vastly improved their short games, eased into the full swing and will be ready to play with confidence on the golf course.

Three (3) 1 1/2 hour sessions on course (4.5 hours) and (3) 1 hour supervised training (3 hours). (7.5 hours).

Minimum 3 players session. Build your own group or we will help.

\$ 375.00 per player. Includes assessment, all sessions, use of concepts from The Scoring Method, free membership in our CoachNow online platform and video reviews. Financially the best value anywhere--\$ 50/hour, or nearly \$200 less than the cost of hourly private sessions.

Private coaching sessions - \$75 per hour

Women's Wednesday morning clinic:

40 minute warm-up session focusing on putting and chipping - \$15 each

### **Remember, modern coaching techniques include:**

- Building trust
- Open-ended questions and active listening to elicit player objectives
- Effective goal-setting
- Encouraging an outcome focus
- Fostering engagement with goals
- Providing support on the development journey
- Giving constructive feedback